



FACILITATOR

SINGLES  
EDITION

WEEK ONE - THE MYTH OF THE RIGHT PERSON

**WELCOME EVERYONE.** *Explain your role to facilitate the conversation.*

→ **GETTING TO KNOW YOU (8 MINUTE TIMER)**

If you could instantly become an expert at one skill to impress someone, what would you pick and why?

**WE LIVE IN A MINEFIELD WHEN IT COMES TO DATING**

**DATING APPS** - *We have a choice overload.*

*Resulting in people becoming very picky or quick to ghost someone.*

*You used to date someone that had to live in the same town....not anymore.*

**SOCIAL MEDIA** - *We have unrealistic expectations.*

*Perfectly curated profiles, the perfect pictures, the perfect everything.*

**TEXTING** - *It lacks nuance.*

*Miscommunication or overanalyzing messages happens all the time.*

Dating has always been difficult, but now we have made a difficult thing even more complex.

→ **TABLE DISCUSSION (8 MINUTE TIMER)**

Do you find meeting someone new to be difficult? Where do you meet quality people?

**BECOMING VS. LOOKING**

**IN SEARCH OF THE "RIGHT PERSON"**

*The thinking is, if I can find the right person, then everything would take care of itself.*

*In reality, it doesn't. Why? Because the person they are dating is thinking the same thing.*

**Different Perspective:** Become the right person instead of finding the right person.

**Are you who the person you are looking for, is looking for?**

*The Bible isn't much help on finding the right person, but it gives a lot of help on becoming.*

*The best checklist of characteristics is found in a letter to a group of Corinthian Christians.*

Love is **patient**, love is **kind**, It does **not envy**, it does **not boast**, it is **not proud**. 5 It does **not dishonor** others, it is **not self-seeking**, it is **not easily angered**, it keeps **no record of wrongs**.

6 Love does **not delight in evil** but rejoices with the truth. 7 It **always protects**, **always trusts**, **always hopes**, **always perseveres**. 1 CORINTHIANS 13:4-7 (NIV)

## → PERSONAL REFLECTION (10 MINUTE TIMER)

Go through and rate yourself on the following questions. Then we will discuss them together.

|                     |   |   |         |   |                       |   |   |             |    |
|---------------------|---|---|---------|---|-----------------------|---|---|-------------|----|
| Needs a Lot of Work |   |   | Neutral |   | Considered a Strength |   |   | Mastered It |    |
| 1                   | 2 | 3 | 4       | 5 | 6                     | 7 | 8 | 9           | 10 |

1-10 Rating  PATIENCE:  
How patient are you with other people?

1-10 Rating  KINDNESS:  
How considerate are you with others?

1-10 Rating  NOT ENVIOUS:  
How easy is it to celebrate others' successes?

1-10 Rating  NOT BOASTFUL OR PROUD:  
How would those at work rate your humility?

1-10 Rating  NOT EASILY ANGERED:  
How much control do you have of your anger?

According to the checklist, which is your weakest area: \_\_\_\_\_

According to the checklist, which is your strongest area: \_\_\_\_\_

## → TABLE DISCUSSION (15 MINUTE TIMER)

Share what you learned about yourself in this exercise.

What qualities listed in 1 Corinthians 13:4-7 do you value the most in someone you want to date or in your future spouse?

**CLOSE WITH A WORD OF ENCOURAGEMENT AND PRAYER**

